



PUZZLE MADNESS

Daily Wordsearch Puzzle for Friday 30th September 2011

C	T	R	D	N	A	B	E	C	N	A	T	S	I	S	E	R	O	G
O	H	D	E	W	L	H	X	D	S	X	W	H	L	B	B	S	U	L
O	R	K	R	K	S	D	E	A	M	L	D	O	C	T	L	L	I	S
U	B	M	G	S	A	G	R	L	L	N	W	U	H	R	U	K	U	T
L	R	A	K	P	R	P	C	L	B	W	M	L	C	H	D	W	U	H
B	L	T	R	N	I	X	I	I	N	A	T	D	B	O	O	N	G	M
O	E	O	O	S	D	R	S	M	O	A	A	E	C	C	C	A	A	G
T	G	N	W	K	M	T	E	D	E	H	N	R	G	B	B	L	U	P
R	C	H	I	N	U	P	B	A	R	C	O	P	R	W	W	K	C	T
G	A	M	N	B	B	I	I	E	H	S	C	R	H	I	T	H	W	T
R	E	X	G	R	S	T	K	R	S	H	M	E	E	T	E	K	W	G
D	P	H	M	P	E	L	E	T	T	E	E	S	B	M	U	G	X	K
S	S	M	A	E	B	A	R	B	E	L	L	S	I	E	A	M	L	A
U	T	H	C	R	S	A	G	K	P	E	N	G	R	A	D	G	K	O
C	M	X	H	B	I	G	L	M	G	E	R	O	L	N	X	X	M	B
E	M	G	N	N	W	O	E	C	I	I	N	S	M	P	R	C	P	L
E	L	L	E	B	B	M	U	D	S	G	M	R	E	R	M	A	P	P
W	T	R	W	W	R	R	E	D	T	P	A	G	E	D	M	A	L	A
O	G	B	L	X	L	D	T	R	P	G	O	N	C	H	A	T	C	C
U	H	K	K	R	U	A	H	N	P	X	L	L	K	W	A	W	A	R

AB WHEEL
BEAMS
CROSS-TRAINER
LEG CURL
ROWING MACHINE
TREADMILL

BARBELL
BENCH
DUMB-BELL
MAT
SHOULDER PRESS

BARS
CHIN-UP BAR
EXERCISE BIKE
RESISTANCE BAND
STEP